



# Homeless Youth Dual Diagnosis Initiative

A joint Eastern Health,  
Family Access Network and DHHS Initiative

**easternhealth**



The term dual diagnosis is most commonly used to describe a person who is experiencing issues with both their mental health and substance use.

## **HYDDI aims to:**

Improve the outcomes for young people who are homeless and are experiencing the impact of dual diagnosis by....

- Ongoing and helpful partnerships between mental health, drug and alcohol and homeless services
- Building the capacity of the homeless youth sector to respond to the needs of young people who are experiencing homelessness and have co-occurring mental health and substance use concerns.

## **HYDDI offers the following services to all Youth Specialist Homelessness Services (SHS) in the Eastern DHHS regions of Melbourne.**

- Primary consultations; offering a specialist mental health and substance use assessment
- Secondary Consultation: ideas/advice on brief interventions, management options, eg: medication, counselling, harm minimisation strategies
- Support and advocacy to access mental health and alcohol other drug services
- Education, training and capacity building of staff around issues of Dual Diagnosis
- Individual and group support for workers on working with clients with a Dual Diagnosis

Please contact Carol Addicoat for more information

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If you require more immediate service please call;

Eastern Health Psychiatric Triage 1300 721 927

Lifeline 13 11 44

Suicide Helpline 1300 651 251

Kids Helpline 1800 551 800

Suicide callback line (for over 18) 1300 659 467